

Newsletter

March 14, 2024

WHAT'S IN THIS NEWSLETTER?

- **Updates** - Art Walk, Students of the Month, Gala Donations Needed, Spring Sports, DC Trip Meeting
- **Sign-ups** - Lunch Volunteers, New HS Hoodies
- **Profile of the Week** - Megan Cook, Physical Education Teacher



ART WALK - TONIGHT!

Tonight is the Art Walk!! Join us as we celebrate Youth Art Month (YAM), and we would like to invite FIT students and families to walk through the halls of FIT (both floors) to see all the great artwork the FIT students have created this year so far.

March 14th, 2024 (TONIGHT!)
6:00-7:00 pm

Punch, coffee and cookies will be served!



STUDENTS OF THE MONTH

We want to congratulate our February winners who showed INTEGRITY!

- K - Chloe Penix, Cooper Schultz
- 1 - Evelyn Neumann, Shane Hamel
- 2 - Nathan Kelbesa, Courtney Boateng
- 3 - Liam Thorud, Khloe Shagimagin
- 4 - John Janssen, Emery Erickson, Sofia Ridders
- 5 - Kezia Purdue, Arianna Buhr
- 6 - Phoebe Perdue, Clara Deyo
- 7 - Gabe Vdovchenko
- 8 - Gianna Wiens
- 9 - Felicity Hubel
- 10 - Malory Kehneman
- 11 - Liam Johnson
- 12 - Ali Packer

IMPORTANT DATES

- Mar 14 - Art Walk
- Mar 20 - Board Meeting, 5 pm
- Mar 21 - Parent Meeting, 5:30 pm
- Mar 22-29 - Spring Break (NO SCHOOL)
- Apr 13 - Annual Gala Event
- May 17 - Spring Carnival

APRIL LUNCH ORDERS - DUE
BY 3pm on MARCH 21

K-8 APRIL LUNCH
MENU

May 31 - Senior Kayak Trip
June 4 - FIT Graduation, 5pm

9-12 APRIL LUNCH
MENU



SPRING GALA: AUCTION ITEMS NEEDED!

As we look forward to the Spring Gala, we are collecting donations for the Silent Auction! *So what kind of donations are we looking for?* You can donate tickets to sporting events, services like home cleaning, or gift cards for a free oil change. These things will be auctioned off, and the proceeds will support the school!

Please contact [Angie Halama](#) if you would like to donate!



PROFILE OF THE WEEK

Megan Cook, Physical Education Teacher

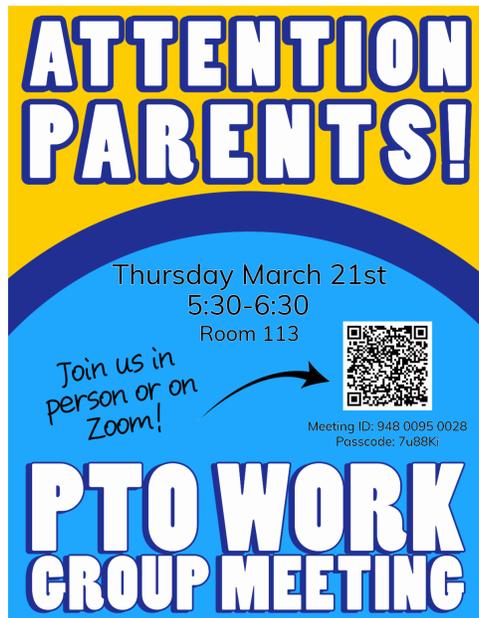
Mrs. Megan Cook joined the faculty at FIT Academy this school year as our secondary Physical Education teacher. Her typical school day is filled with supervising 3 study halls, teaching MS physical education, coaching team sports for HS, health & fitness for HS, and weight training.

Before moving to Minneapolis, she taught for 2 years at a charter school in Colorado. She worked at one other school in Minneapolis before joining the faculty at FIT this year.

Mrs. Cook says, "I love getting to know children, and hopefully inspiring them to stay active. I find it rewarding when I see a kid struggling to learn a skill, and then they have that light bulb moment and are able to get it and succeed. They always get super excited, and it's so awesome to see!"

Outside of school, Mrs. Cook loves to go hiking, snowboarding, play volleyball and go to the dog park with her two dogs. She loves to travel with her husband and experience new places with him.

Thank you, Mrs. Cook, for investing in our students and inspiring them to strengthen their bodies through your coaching and teaching.



PTO WORK GROUP MEETING FOR PARENTS

THURSDAY, MARCH 21st
5:30-6:30 pm
Room 113

Join this group of parents and teachers as we discuss creating a PTO to support the school through fundraising and fun events that our school community can enjoy!

JOIN VIA ZOOM

Meeting ID: 948 0095 0028
Passcode: 7u88Ki



WASHINGTON, D.C. TRIP

On Wednesday April 17th at 4pm in Room 201, we will have the final meeting about the Washington, D.C. trip. **This meeting is required and only for the parents/students who are already signed up.** We will be going over important travel information including flights, where we will be meeting, pack list, and the final agenda for the trip. We are excited about this trip! See you on April 17th in Room 201.

Please make your final payment ASAP.



HIGH SCHOOL ORIENTATION

Mr. Allaire and our secondary coordinator Mrs. Halama have recorded an introduction and orientation to next year's high school program. You can view the orientation here and email any questions to Mrs. Halama at ahalama@fitacademymn.org or Mr. Allaire at callaire@fitacademymn.org.

WATCH VIDEO!



NEW HS HOODIE!

We now have a new high school hoodie available for sale! The fabric is Sport-tek, and the pattern is blue/black camohex. You can order through the SchoolBelles website.

School Code is s3052
Cost is \$35

Sweatshirts are listed under Spirit/School Wear

ORDER NEW HS HOODIE



SPRING BREAK BASKETBALL CAMP

FIT will be offering a basketball camp during Spring Break. Mr. Mike Vang will coordinate the camp. Look for an email next week with details and registration information!



SPRING SEASON INFO

Girls volleyball started their season this week! Practices are Monday and Tuesday from 3-4:15 pm after school. [Click for their March schedule!](#)

Flag Football will begin Monday, March 18. Look for an email from the coach, Mr. Mike Vang.

A reminder to Clay Target participants that the deadline to get your gun safety certificate done online is March 25. See Mr. J. with any questions.



LUNCH VOLUNTEERS!

We would love for you to



HEALTH REMINDER

We want to remind parents to



AFTER-SCHOOL CARE

We offer after-school care again

volunteer in our lunch room! It's a fun way to connect with your kids and other students. You will help students open milk and lunch items as well as clean the tables after each lunch period. Click to sign up!

SIGN UP TO
VOLUNTEER

keep your children home from school when they are ill. As a refresher, **school policy requires students to stay at home if they have had a fever or vomitted in the last 24 hours.**

this year from 2:45 pm to 5:00 pm. Open to students in grades K-5. You must enroll by Wednesday, if you plan to use after school care the following week. If you have questions, please email [Jen Iten at jiten@fitacademymn.org](mailto:jiten@fitacademymn.org).

REGISTRATION FORM



Would you considered leaving our school a review? Your perspective could be helpful in leading other families to our school. Just click above!



We want to invite everyone to join our 2 Facebook groups!
[FIT Academy](#)
[FIT Academy Families](#)

FIT Academy Charter School | 7200 147th Street W., Apple Valley, MN 55124

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